

DN2 - Do – controlling workplace health issues

Reference information provided, in particular web links, was correct as of 19/08/2025

Element 1: Occupational health services and equality

Access to Work factsheet for employers, Department for Work and Pensions

<https://www.gov.uk/government/publications/access-to-work-guide-for-employers/access-to-work-factsheet-for-employers>

A healthy return, Good practice guide to rehabilitating people at work, IOSH, Link to A healthy return, <http://affinityhealthhub.co.uk/d/attachments/a-healthy-return-3-1476374668.pdf>

Fit note, <https://www.gov.uk/government/collections/fit-note>

Healthy working lives, Public Health Scotland (fit for work),
<https://www.healthyworkinglives.scot/Pages/default.aspx>

Health and wellbeing at work: CIPD's Annual Survey exploring health, wellbeing and absence in UK workplaces in partnership with SimplyHealth
<https://www.cipd.co.uk/knowledge/culture/well-being/health-well-being-work>

Safe, Effective, Quality Occupational Health Service (SEQOHS), <https://www.seqohs.org/>

What are the Management Standards? British HSE's website (mental ill-health),
<https://www.hse.gov.uk/stress/standards/>

Workplace health: long-term sickness absence and incapacity to work, NICE guidelines (NG146), <https://www.nice.org.uk/guidance/ng146>

Element 2: Mental ill-health, well-being, workplace violence and lone working

How to tackle work-related stress. A guide for employers on making the Management Standards work, INDG430, HSE, <http://www.hse.gov.uk/pubns/indg430.pdf>

Line Managers' Resource - A practical guide to managing and supporting people with mental health problems in the workplace, SHiFT, <https://www.hse.gov.uk/stress/assets/docs/manage-mental-health.pdf>

Lone working, HSE website, <https://www.hse.gov.uk/lone-working/employer/index.htm>

Managing the causes of work-related stress; A step by step approach to using the management standards, HSG218, <https://www.hseni.gov.uk/managing-work-related-stress-and-mental-well-being-resources>

Protect home workers, HSE website, <https://www.hse.gov.uk/home-working/index.htm>

Protecting lone workers - How to manage the risks of working alone, INDG73, HSE, <https://www.hse.gov.uk/pUbn/indg73.pdf>

Tackling work-related stress using the Management Standards approach. A step-by-step workbook, HSE, <http://www.hse.gov.uk/pubns/wbk01.pdf>

The effects of shift work on health - summary report, IOSH, <https://iosh.com/guidance-and-resources/downloads/research-library/the-effects-of-shift-work-on-health>

Violence at work – a guide for employers, HSE, <http://www.hse.gov.uk/pubns/indg69.pdf>

Working together to reduce stress at work, A guide for employees, INDG424, HSE, <http://www.hse.gov.uk/pubns/indg424.pdf>

Element 3: Health and medical surveillance

An employer's Guide to engaging an occupational health physician, Faculty of Occupational Medicine of the Royal College of Physicians, <http://www.fom.ac.uk/wp-content/uploads/empopguid.pdf>

Assessing fitness to drive – a guide for medical professionals, Driver and Vehicle Licensing Agency, https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/965900/MIS828_interactive_020321_Final.pdf

Biological monitoring in the workplace - A guide to its practical application to chemical exposure, HSG167, HSE, ISBN 978 0 7176 1279 6, <https://www.hse.gov.uk/pubns/priced/hsg167.pdf>

Controlling noise at work - Control of Noise at Work Regulations (CNWR) 2005 - Guidance on Regulations, L108, HSE, ISBN:978 0 7176 6567 9, <https://www.hse.gov.uk/pubns/priced/l108.pdf>

Control of lead at work - Control of Lead at Work Regulations 2002 Approved Code of Practice and guidance, L132, HSE, ISBN 978 0 7176 2565 6, <https://www.hse.gov.uk/pubns/priced/l132.pdf>

Control of Substances Hazardous to Health, Approved Code of Practice and guidance, L5, HSE, ISBN: 978 0 7176 6582 2, <https://www.hse.gov.uk/pubns/books/l5.htm>

Drug testing in the workplace - Guidance for workplace representatives, TUC, <https://www.tuc.org.uk/sites/default/files/DrugTestingintheWorkplace.pdf>

Drugs/alcohol testing and policy, <https://www.cipd.co.uk/knowledge/culture/well-being/drug-alcohol-misuse-work-report#gref>

EH40/2005 Workplace exposure limits, HSE, ISBN: 978 0 7176 6703 1, <https://www.hse.gov.uk/pubns/priced/eh40.pdf>

Workplace Fatigue Management, HSE <https://www.hsl.gov.uk/workplace-fatigue-management>

Health surveillance, HSE website, <https://www.hse.gov.uk/health-surveillance/>

Managing and working with asbestos - Control of Asbestos Regulations 2012, Approved Code of Practice and guidance, L143, HSE, ISBN: 978 0 7176 6618 8, <https://www.hse.gov.uk/pubns/priced/l143.pdf>

Managing fatigue in the workplace - A guide for the oil and gas industry, Report 626, International Association of Oil and Gas Producers (IOGP), <https://www.iogp.org/managing-fatigue-in-the-workplace/>

Managing shift work - Health and safety guidance, HSG256, HSE, ISBN 978 0 7176 6197 8 <https://www.hse.gov.uk/pubns/priced/hsg256.pdf>

Rider-operated lift trucks - Operator training and safe use. Approved Code of Practice and guidance, L117, HSE, ISBN: 978 0 7176 6441 2,
<https://www.hse.gov.uk/pubns/books/l117.htm>

The Working Time Regulations, HSE website,
<https://www.hse.gov.uk/contact/faqs/workingtimedirective.htm>

The effects of shift work on health - summary report, IOSH, <https://iosh.com/guidance-and-resources/downloads/research-library/the-effects-of-shift-work-on-health>

Work with ionising radiation - Ionising Radiations Regulations 2017 Approved Code of Practice and guidance, L121, HSE, ISBN: 978 0 7176 6662 1,
<https://www.hse.gov.uk/pubns/priced/l121.pdf>

Element 4: Hazardous substances

COSHH Essentials, <http://www.hse.gov.uk/coshh/essentials/index.htm>

Globally Harmonized System of Classification and Labelling of Chemicals (GHS),
http://www.unece.org/trans/danger/publi/ghs/ghs_rev06/06files_e.html#c38156

Managing skin exposure risks at work, HSG262, HSE Books, ISBN: 978-0-7176-6649-2,
<https://www.hse.gov.uk/pubns/books/hsg262.htm>

Hazard Prevention and Control in the Work Environment: Airborne Dust;
WHO/SDE/OEH/99.14, <https://apps.who.int/iris/handle/10665/66147>

ISO 7708:1995 Air quality — Particle size fraction definitions for health-related sampling
<https://www.iso.org/standard/14534.html>

Personal Protective Equipment at Work, Guidance on Regulations, L25, HSE Books, ISBN:
978-0-7176-6597-6, <https://www.hse.gov.uk/pubns/priced/l25.pdf>

Element 5: Health risks from hazardous substances

Control of Substances Hazardous to Health, Approved Code of Practice and guidance, L5, HSE, ISBN: 978-0-717665-82-2, <https://www.hse.gov.uk/pubns/books/L5.htm>

COSHH Essentials, <http://www.hse.gov.uk/coshh/essentials/>

Globally Harmonized System of Classification and Labelling of Chemicals (GHS), http://www.unece.org/trans/danger/publi/ghs/ghs_rev06/06files_e.html#c38156

Managing skin exposure risks at work, HSG262, HSE Books, ISBN: 978-0-7176-6649-2, <https://www.hse.gov.uk/pubns/priced/hsg262.pdf>

Superbugs, https://www.nhs.uk/conditions/antibiotics/antibiotic-antimicrobial-resistance/?WT.mc_id=PPC&gclid=CKaBkeW0reYCFZc4GwodZWMOPA

What is UK REACH? <https://www.hse.gov.uk/reach/whatisreach.htm>

Element 6: Epidemiology and toxicology

Globally Harmonized System of Classification and Labelling of Chemicals (GHS),
http://www.unece.org/trans/danger/publi/ghs/ghs_rev06/06files_e.html#c38156

Organisation of Economic Co-operation and Development (OECD) Guidelines for the Testing of Chemicals Number 420: Acute Oral Toxicity – Fixed dose procedure - TG 420 (2001).

https://www.oecd-ilibrary.org/environment/test-no-420-acute-oral-toxicity-fixed-dose-procedure_9789264070943-en

Organisation of Economic Co-operation and Development (OECD) Guidelines for the Testing of Chemicals Number 423: Acute Oral Toxicity – Acute Toxic Class Method - TG 423 (2002).

https://www.oecd-ilibrary.org/environment/test-no-423-acute-oral-toxicity-acute-toxic-class-method_9789264071001-en

Organisation of Economic Co-operation and Development (OECD) Guidelines for the Testing of Chemicals Number 425: Acute Oral Toxicity – Up-and-Down Procedure - TG 425 (2008).

https://www.oecd-ilibrary.org/environment/test-no-425-acute-oral-toxicity-up-and-down-procedure_9789264071049-en

Organisation of Economic Co-operation and Development (OECD) Guidelines for the Testing of Chemicals Number 407: Repeated Dose 28-day Oral Toxicity Study in Rodents - TG 407 (2008).

https://www.oecd-ilibrary.org/environment/test-no-407-repeated-dose-28-day-oral-toxicity-study-in-rodents_9789264070684-en

Practical guide – How to use alternatives to animal testing to fulfil your information requirements for REACH registration, European Chemicals Agency (ECHA),
https://echa.europa.eu/documents/10162/17250/practical_guide_how_to_use_alternatives_en.pdf/148b30c7-c186-463c-a898-522a888a4404

Test Methods Regulation (European Commission Regulation EC440/2008)
<https://www.legislation.gov.uk/eur/2008/440/contents>

Element 7: Asbestos

Asbestos Essentials: www.hse.gov.uk/asbestos/essentials/index.htm

Asbestos licence assessment, amendment and revocation guide (ALAARG), HSE 50, <https://www.hse.gov.uk/pubns/hse50.htm>

Asbestos: The licensed contractor's guide, HSG247, HSE Books, ISBN: 978-0-7176-2874-2, <https://www.hse.gov.uk/pubns/books/hsg247.htm>

Asbestos: The survey guide, HSG264, HSE Books, ISBN: 978-0-7176-6502-0, <http://www.hse.gov.uk/pubns/priced/hsg264.pdf>

Introduction to Asbestos Essentials (including licenced/non-licenced/notifiable non-licenced work), <https://www.hse.gov.uk/pubns/guidance/a0.pdf>

Managing and working with asbestos, Control of Asbestos Regulations 2012, Approved Code of Practice and guidance, L143, HSE Books, ISBN: 978-0-7176-6618-8, <http://www.hse.gov.uk/pubns/books/l143.htm>

Asbestos Microsite – Asbestos Health and safety HSE: <https://www.hse.gov.uk/asbestos/index.htm>

Element 8: Ventilation and personal protective equipment

Controlling airborne contaminants at work; A guide to local exhaust ventilation (LEV), HSG258, HSE Books, ISBN: 978-0-7176-6415-3, <http://www.hse.gov.uk/pubns/books/hsg258.htm>

Control of Substances Hazardous to Health, Approved Code of Practice and guidance, L5, HSE Books, ISBN: 978-0-7176-6582-2, <https://www.hse.gov.uk/pubns/books/l5.htm>

COSHH Essentials, HSE, <http://www.hse.gov.uk/coshh/essentials/>

Guidance on respiratory protective equipment (RPE) fit testing, INDG479, HSE, <https://www.hse.gov.uk/pubns/indg479.pdf>

Personal protective equipment at work, Guidance on Regulations, L25, HSE Books, ISBN: 978-0-7176-6597-6, <http://www.hse.gov.uk/pubns/priced/l25.pdf>

Personal protective equipment (PPE) at work – HSE, <https://www.hse.gov.uk/ppe/index.htm>

Respiratory protective equipment at work; A practical guide, HSG53, HSE Books, ISBN: 978-0-7176-6454-2, <http://www.hse.gov.uk/pubns/priced/hsg53.pdf>

Element 9: Hazardous substances monitoring

Control of Substances Hazardous to Health, Approved Code of Practice and guidance, L5, HSE, ISBN: 978-0-717665-82-2, <https://www.hse.gov.uk/pubns/books/l5.htm>

COSHH Essentials, <http://www.hse.gov.uk/coshh/essentials/index.htm>

Globally Harmonized System of Classification and Labelling of Chemicals (GHS), http://www.unece.org/trans/danger/publi/ghs/ghs_rev06/06files_e.html#c38156

Managing skin exposure risks at work, HSG262, HSE Books, ISBN: 978-0-7176-6649-2, <https://www.hse.gov.uk/pubns/books/hsg262.htm>

Hazard Prevention and Control in the Work Environment: Airborne Dust; WHO/SDE/OEH/99.14, <https://apps.who.int/iris/handle/10665/66147>

ISO 7708:1995 Air quality — Particle size fraction definitions for health-related sampling <https://www.iso.org/standard/14534.html>

Monitoring strategies for toxic substances, HSG173, HSE Books, ISBN: 978-0-7176-6188-6, <https://www.hse.gov.uk/pubns/books/hsg173.htm>

Personal Protective Equipment at Work, Guidance on Regulations, L25, HSE Books, ISBN: 978-0-7176-6597-6, <https://www.hse.gov.uk/pubns/priced/l25.pdf>

Element 10: Biological agents

Blood-borne viruses in the workplace – safe working practices, HSE,
<https://www.hse.gov.uk/biosafety/blood-borne-viruses/safe-working-practices.htm>

Control of legionella bacteria in water systems, HSE Books, ISBN: 978-0-7176-6615-7, ACOP L8 <http://www.hse.gov.uk/pubns/books/l8.htm>

Control of Substances Hazardous to Health, Approved Code of Practice and guidance, L5, HSE, ISBN: 978-0-717665-82-2,
<https://www.hse.gov.uk/pubns/priced/l5.pdf>

COSHH Essentials, <http://www.hse.gov.uk/coshh/essentials/index.htm>

Infections at work, HSE website, <https://www.hse.gov.uk/biosafety/infection.htm>

Superbugs, https://www.nhs.uk/conditions/antibiotics/antibiotic-antimicrobial-resistance/?WT.mc_id=PPC&gclid=CKaBkeW0reYCFZc4GwodZWMOPA

Controlling Noise at Work, The Control of Noise at Work Regulations, Guidance on Regulations, L108, HSE Books, ISBN: 978-0-7176-6164-4,
<http://www.hse.gov.uk/pUbns/priced/l108.pdf>

Element 11: Noise

Noise calculators, HSE, <http://www.hse.gov.uk/noise/calculator.htm>

Personal protective equipment at work, Guidance on Regulations, L25, HSE Books, ISBN: 978-0-7176-6597-6, <http://www.hse.gov.uk/pubns/priced/l25.pdf>

Element 12: Vibration

Hand-arm vibration, Control of Vibration at Work Regulations 2005, Guidance on Regulations, L140, HSE Books, ISBN: 978-0-7176-6125-1, <http://www.hse.gov.uk/pubns/books/l140.htm>

Hand-arm vibration exposure calculator, HSE, <https://www.hse.gov.uk/vibration/hav/calculator-guide.htm>

Personal protective equipment at work, Guidance on Regulations, L25, HSE Books, ISBN: 978-0-7176-6597-6, <http://www.hse.gov.uk/pubns/priced/l25.pdf>

Whole body vibration calculator, HSE, <https://www.hse.gov.uk/vibration/hav/calculator-guide.htm>

Whole-body vibration; The Control of Vibration at Work Regulations 2005, Guidance on Regulations, L141, HSE Books, ISBN: 978-0-7176-6126-8, <http://www.hse.gov.uk/pubns/priced/l141.pdf>

Work Related Upper Limb Disorders - A Guide, HSG60, HSE Books, ISBN: 978-0-7176-1978-8, <http://www.hse.gov.uk/pubns/books/hsg60.htm>

Element 13: Radiation

Electromagnetic fields at work, A guide to the Control of Electromagnetic Fields at Work Regulations, HSG281, HSE <http://www.hse.gov.uk/pubns/priced/hsg281.pdf>

Guidance for Employers on the Control of Artificial Optical Radiation at Work Regulations (AOR) 2010, HSE <https://www.hse.gov.uk/radiation/optical/law.htm>

Laser radiation: safety advice, <https://www.gov.uk/government/publications/laser-radiation-safety-advice/laser-radiation-safety-advice>

Managing skin exposure risks at work, HSG262, HSE Books, ISBN: 978-0-7176-6649-2, <https://www.hse.gov.uk/pubns/priced/hsg262.pdf>

Public Health England, The UK reference site on radon from Public Health England, <http://www.ukradon.org/>

Radon in the workplace, <http://www.hse.gov.uk/radiation/ionising/radon.htm#testingradon>

Working safely with ionising radiation - Guidelines for expectant or breastfeeding mothers, INDG334, HSE, <https://www.hse.gov.uk/pubns/indg334.pdf>

Working with ionising radiation, Approved Code of Practice and guidance, L121, HSE, ISBN: 978-0-717666-62-1 <http://www.hse.gov.uk/pubns/priced/l121.pdf>

Element 14: Musculoskeletal issues and manual handling

Assessment of Repetitive Tasks (ART) tool, HSE, <http://www.hse.gov.uk/msd/uld/art/>

Ergonomics and human factors at work, INDG90, HSE,
<http://www.hse.gov.uk/pubns/indg90.pdf>

Manual handling assessment charts (MAC Tool), HSE, <http://www.hse.gov.uk/msd/mac/>

Manual Handling, Manual Handling Operations Regulations 1992 (as amended), Guidance on Regulations, L23, HSE, <http://www.hse.gov.uk/pubns/priced/l23.pdf>

Seating at work, HSG57, third edition 2002, HSE,
<http://www.hse.gov.uk/pubns/priced/hsg57.pdf>

The worker of the future report,
https://assets.fellowes.com/skins/fellowes/responsive/gb/en/resources/work-colleague-of-the-future/download/WCOF_Report_EU.pdf

Upper Limb Disorders in the Workplace - A Guide, second edition 2002, HSG60, HSE, ISBN: 978-0-717619-78-8, <http://www.hse.gov.uk/pubns/priced/hsg60.pdf>

Variable manual handling assessment chart (V-MAC) tool,
<http://www.hse.gov.uk/msd/mac/vmac/>

Whole body vibration calculator, HSE, <https://www.hse.gov.uk/vibration/wbv/calculator.htm>

Work with display screen equipment: Health and Safety (Display Screen Equipment) Regulations 1992 as amended by the Health and Safety (Miscellaneous Amendments) Regulations 2002: Guidance on Regulations, L26,
<http://www.hse.gov.uk/pubns/priced/l26.pdf>

Element 15: Workplace temperature and welfare arrangements

Lighting at Work, HSG38, second edition 1997, HSE Books, ISBN: 978-0-7176-1232-1,
<http://www.hse.gov.uk/pubns/books/hsg38.htm>

Workplace health, safety and welfare, Workplace (Health, Safety and Welfare) Regulations
1992, ACOP, L24, HSE Books, ISBN: 978-0-7176-0413-5,
<http://www.hse.gov.uk/pubns/books/l24.htm>