

Unit B - Hazardous substances and agents

Reference information provided, in particular web links, was correct as of 03/04/17.

Contents

Element B1 - Managing occupational health.....	2
Element B2 - Identification, assessment and evaluation of hazardous substances	3
Element B3 - The control of hazardous substances.....	4
Element B4 - The monitoring and measuring of hazardous substances.....	5
Element B5 - Biological agents.....	6
Element B6 - Noise and vibration.....	7
Element B7 - Radiation	8
Element B8 - Mental ill-health and dealing with violence and aggression at work.....	9
Element B9 - Musculoskeletal risks and controls.....	10
Element B10 - Work environment risks and controls.....	11

Element B1 - Managing occupational health

A healthy return, Good practice guide to rehabilitating people at work, IOSH, Link to A healthy return, <http://www.iosh.co.uk/~media/Documents/Books%20and%20resources/Guidance%20and%20tools/A%20healthy%20return.pdf>

Safe, Effective, Quality Occupational Health Service (SEQOHS), <https://www.seqohs.org/>

Workplace health: long-term sickness absence and incapacity to work, NICE guidelines (PH19), <https://www.nice.org.uk/guidance/PH19>

Element B2 - Identification, assessment and evaluation of hazardous substances

COSHH Essentials www.coshh-essentials.org.uk

Asbestos Essentials, HSG120, ISBN 978-0-717662-63-0

Work with Materials Containing Asbestos. Control of Asbestos Regulations 2006, Approved Code of Practice and Guidance

Control of Lead at Work Regulations 2002. Approved code of practice and guidance, L132, ISBN 978-0-717625-65-9

Control of Substances Hazardous to Health, Approved Code of Practice and guidance, L5, HSE, ISBN: 978-0-717665-82-2, <http://www.hse.gov.uk/pubns/priced/l5.pdf>

COSHH Essentials, <http://www.hse.gov.uk/coshh/essentials/>

Globally Harmonized System of Classification and Labelling of Chemicals (GHS), http://www.unece.org/trans/danger/publi/ghs/ghs_rev06/06files_e.html#c38156

Managing skin exposure risks at work, HSG262, HSE Books, ISBN: 978-0-7176-6649-2, <http://www.hse.gov.uk/pubns/priced/hsg262.pdf>

Element B3 - The control of hazardous substances

Asbestos: The survey guide, HSG264, HSE Books, ISBN: 978-0-7176-6502-0,
<http://www.hse.gov.uk/pUbns/priced/hsg264.pdf>

Controlling airborne contaminants at work; A guide to local exhaust ventilation (LEV), HSG258, HSE Books, ISBN: 978-0-7176-6415-3, <http://www.hse.gov.uk/pubns/books/hsg258.htm>

Control of Substances Hazardous to Health, Approved Code of Practice and guidance, L5, HSE Books, ISBN: 978-0-7176-6582-2, <http://www.hse.gov.uk/pubns/books/l5.htm>

COSHH Essentials, HSE, <http://www.hse.gov.uk/coshh/essentials/>

Managing asbestos in buildings: a brief guide, INDG223(rev5), HSE Books,
<http://www.hse.gov.uk/pubns/indg223.pdf>

Managing and working with asbestos, Control of Asbestos Regulations 2012, Approved Code of Practice and guidance, L143, HSE Books, ISBN: 978-0-7176-6618-8,
<http://www.hse.gov.uk/pubns/books/l143.htm>

Personal protective equipment at work, Guidance on Regulations, L25, HSE Books, ISBN: 978-0-7176-6597-6, <http://www.hse.gov.uk/pubns/priced/l25.pdf>

Personal protective equipment (PPE) at work; A brief guide, INDG174, HSE Books,
<http://www.hse.gov.uk/pubns/indg174.pdf>

Respiratory protective equipment at work; A practical guide, HSG53, HSE Books, ISBN: 978-0-7176-6454-2, <http://www.hse.gov.uk/pUbns/priced/hsg53.pdf>

Working with substances hazardous to health, INDG136, HSE Books,
<http://www.hse.gov.uk/pubns/indg136.pdf>

Element B4 - The monitoring and measuring of hazardous substances

Control of lead at work, Approved Code of Practice and guidance, L132, HSE Books, ISBN: 978-0-7176-2565-6, <http://www.hse.gov.uk/pUbns/priced/l132.pdf>

Control of Substances Hazardous to, Health, Approved Code of Practice and guidance, L5, HSE Books, ISBN: 978-0-7176-6582-2, <http://www.hse.gov.uk/pubns/books/l5.htm>

COSHH Essentials, HSE, <http://www.hse.gov.uk/coshh/essentials/>

EH40/2005 Workplace exposure limits (as amended), HSE Books, ISBN: 978-0-7176-6446-7, <http://www.hse.gov.uk/pUbns/priced/eh40.pdf>

HSE's Health Surveillance Cycle, <http://www.hse.gov.uk/health-surveillance/>

Methods for the Determination of Hazardous Substances (MDHS) guidance, <http://www.hse.gov.uk/pubns/mdhs/>

Monitoring strategies for toxic substances, HSG173, HSE Books, ISBN: 978-0-7176-6188-6, <http://www.hse.gov.uk/pubns/books/hsg173.htm>



Element B5 - Biological agents

The control of legionella bacteria in water systems, HSE Books, ISBN: 978-0-7176-6615-7, ACOP L8

<http://www.hse.gov.uk/pubns/books/l8.htm>

Element B6 - Noise and vibration

Controlling Noise at Work, The Control of Noise at Work Regulations, Guidance on Regulations, L108, HSE Books, ISBN: 978-0-7176-6164-4, <http://www.hse.gov.uk/pUbns/priced/l108.pdf>

Hand-arm vibration, Control of Vibration at Work Regulations 2005, Guidance on Regulations, L140, HSE Books, ISBN: 978-0-7176-6125-1, <http://www.hse.gov.uk/pubns/books/l140.htm>

Hand-arm vibration exposure calculator, HSE, <http://www.hse.gov.uk/vibration/hav/vibrationcalc.htm>

Noise calculators, HSE, <http://www.hse.gov.uk/noise/calculator.htm>

Personal protective equipment at work, Guidance on Regulations, L25, HSE Books, ISBN: 978-0-7176-6597-6, <http://www.hse.gov.uk/pubns/priced/l25.pdf>

Personal protective equipment (PPE) at work; A brief guide, INDG174, HSE Books, <http://www.hse.gov.uk/pubns/indg174.pdf>

The health and safety toolbox, How to control risks at work, HSG268, HSE Books, ISBN: 978-0-7176-6587-7, <http://www.hse.gov.uk/pubns/books/hsg268.htm>

Whole body vibration calculator, HSE, <http://www.hse.gov.uk/vibration/wbv/calculator.htm>

Whole-body vibration; The Control of Vibration at Work Regulations 2005, Guidance on Regulations, L141, HSE Books, ISBN: 978-0-7176-6126-8, <http://www.hse.gov.uk/pUbns/priced/l141.pdf>

Work Related Upper Limb Disorders - A Guide, HSG60, HSE Books, ISBN: 978-0-7176-1978-8, <http://www.hse.gov.uk/pubns/books/hsg60.htm>

Element B7 - Radiation

Guidance for Employers on the Control of Artificial Optical Radiation at Work Regulations (AOR) 2010, HSE <http://www.hse.gov.uk/radiation/nonionising/employers-aor.pdf>

Laser radiation: safety advice, <https://www.gov.uk/government/publications/laser-radiation-safety-advice/laser-radiation-safety-advice>

Public Health England, The UK reference site on radon from Public Health England, <http://www.ukradon.org/>

Radon in the workplace, <http://www.hse.gov.uk/radiation/ionising/radon.htm#testingradon>

Safety of laser products; equipment classification and requirements BS 60825-1:2014, ISBN: 978-0-580779-69-5

Workplace health, safety and welfare, Workplace (Health, Safety and Welfare) Regulations 1992, ACOP, L24, HSE, ISBN: 978-0-717604-13-5, <http://www.hse.gov.uk/pubns/priced/l24.pdf>

Working with ionising radiation, Approved Code of Practice and guidance, L121, HSE, ISBN: 978-0-717617-46-3 <http://www.hse.gov.uk/pubns/priced/l121.pdf>

Element B8 - Mental ill-health and dealing with violence and aggression at work

Drug misuse at work – a guide for employers, INDG91, HSE, <http://www.hse.gov.uk/pubns/indg91.pdf>

HSE Stress Management Standards, HSE, <http://www.hse.gov.uk/stress/standards/>

Managing the causes of work-related stress; A step by step approach to using the management standards, HSG218, <http://www.hse.gov.uk/pubns/priced/hsg218.pdf>

Violence at work – a guide for employers, HSE, <http://www.hse.gov.uk/pubns/indg69.pdf>

Element B9 - Musculoskeletal risks and controls

Assessment of Repetitive Tasks (ART) tool, HSE, <http://www.hse.gov.uk/msd/uld/art/>

Ergonomic Guidelines for Manual Material Handling, NIOSH, <http://www.hse.gov.uk/msd/uld/art/>

Manual handling assessment charts (MAC Tool), HSE, <http://www.hse.gov.uk/msd/mac/>

Manual Handling, Manual Handling Operations Regulations 1992 (as amended), Guidance on Regulations, L23, HSE, <http://www.hse.gov.uk/pubns/priced/l23.pdf>

Rapid Upper Limb Assessment Tool (RULA), <http://www.rula.co.uk/>

Seating at work, HSG57, third edition 2002, HSE, <http://www.hse.gov.uk/pubns/priced/hsg57.pdf>

The law on VDUs – An Easy Guide, HSG90, HSE, ISBN: 978-0-717626-02-1

<http://www.hse.gov.uk/pubns/priced/hsg90.pdf>

The health and safety toolbox, How to control risks at work, HSG268, HSE, ISBN: 978-0-717665-87-7

<http://www.hse.gov.uk/pubns/priced/hsg268.pdf>

Understanding ergonomics at work, HSE, INDG90(rev2), <http://www.hse.gov.uk/pubns/indg90.pdf>

Upper Limb Disorders in the Workplace - A Guide, second edition 2002, HSG60, HSE, ISBN: 978-0-717619-78-8, <http://www.hse.gov.uk/pubns/priced/hsg60.pdf>

Variable manual handling assessment chart (V-MAC) tool, <http://www.hse.gov.uk/msd/mac/vmac/>

Workplace health, safety and welfare, Workplace (Health, Safety and Welfare) Regulations 1992, ACOP, L24, HSE, ISBN: 978-0-717604-13-5, <http://www.hse.gov.uk/pubns/priced/l24.pdf>

Work with display screen equipment: Health and Safety (Display Screen Equipment) Regulations 1992 as amended by the Health and Safety (Miscellaneous Amendments) Regulations 2002: Guidance on Regulations, L26, <http://www.hse.gov.uk/pubns/priced/l26.pdf>

Element B10 - Work environment risks and controls

First aid at work, Guidance on Regulations, L74, HSE Books, ISBN: 978-0-7176-6560-0,
<http://www.hse.gov.uk/pUbns/priced/l74.pdf>

Lighting at Work, HSG38, second edition 1997, HSE Books, ISBN: 978-0-7176-1232-1,
<http://www.hse.gov.uk/pubns/books/hsg38.htm>

Workplace health, safety and welfare, Workplace (Health, Safety and Welfare) Regulations 1992,
ACOP, L24, HSE Books, ISBN: 978-0-7176-0413-5, <http://www.hse.gov.uk/pubns/books/l24.htm>